



## LHC Youth Discipleship Ministry

### Why do we mentor?

Mentoring for the purpose of obeying Jesus' command to go make disciples of all nations...teaching them to observe all that I have commanded you. *"Follow my example as I follow the example of Christ."* 1 Corinthians 11:1

### What is discipleship?

Discipleship is the **invitation** to share life together and the **challenge** to follow Jesus; it is a friendship of *mutual* accountability and processing life together.

We want to help our LHC teens **know who they are in Jesus** (identity), as well as encourage and guide them as they **walk out their faith in their worlds at home, school, and church**. Learning to be a part of community is a huge piece of both their identity and walk.

### Qualities desired for healthy discipleship relationship:

- hungry
- obedient
- teachable

### What does discipling look like?

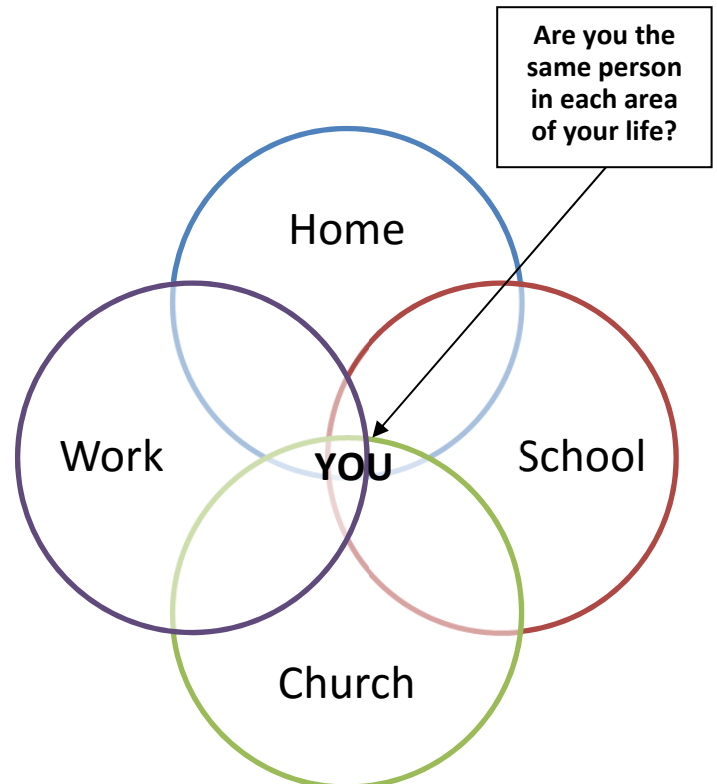
**Discipleship Foundations.** We believe there are three foundations to a discipleship relationship.

**Pastoral Care /Spiritual Growth** – Finding the “pulse” of each other’s spiritual walk and encouraging growth as you walk together.

- Do you talk to God? What does that look like? Do you think he hears you?
- Who do you think God is?
- Do you feel that you have a relationship with God? What does that look like for you?
- Do you ever read the Bible?

**Accountability** – Mutual sharing of spiritual struggles, frustrations, life lessons, and victories. Setting and committing to goals.

- What are you passionate about? How are you pursuing this/these things?
- Who or what is getting too much air time in your thought life?
- Are you the same person in every area of your life—home, school, church, work?





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**Vision Casting** – Helping to take the focus off of ourselves and learning to think of and serve others.

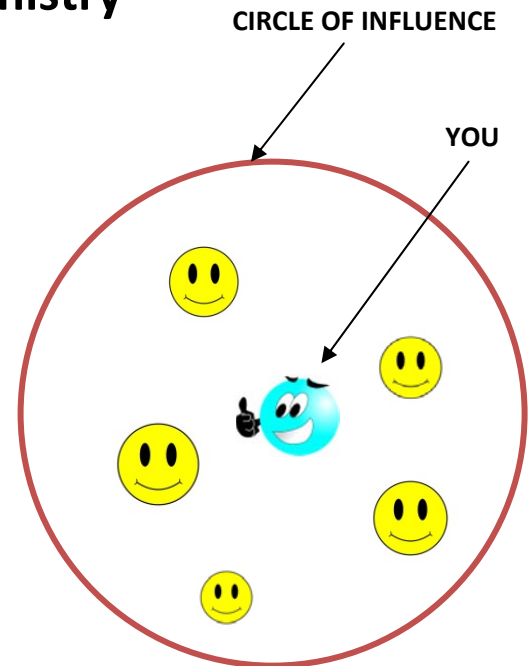
- Who are you praying for?
- How can you share the goodness and love of Jesus with those within your circle of influence? (intentional living out)
- What difficult situation have you seen God help you with? What are ways you see that he has blessed your life? (Helping them to learn their story with God and to see how it fits into God's bigger story.)

### **Requirements of Adult Disciples:**

- Be a member of a life group.
- Be submitted to discipleship program leadership—Michael/Larae will periodically check in with you to provide support.
- Meet the student's parents and ask for the parents' permission to disciple.
- Find an appropriate place for adult and student disciples to meet, with parents' approval.
- Commit to in-person meetings two times a month (60-90 minute get-togethers) with intermittent contact as well (texts or phone calls).
- Commit for a school year (Sept. through May).

### **Requirements of Student Disciples:**

- Be willing to meet with their adult disciple two times a month. Honor the agreed-upon meeting times to the best of your ability.
- Cooperate with and participate in the activities for devotion, character-building, or service as lead by the adult disciple.





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### **Possible Options for Discipleship**

#### **Devotion**

- Spend time with God together. Many believers don't know how to seek the Lord in time alone. Doing it with them will be a great encouragement.
- Study a passage together. Ask: What does this say about God? What does this say about me? How do I obey it?
- Pray the Psalms. (e.g. Ps. 139: )
- Pray for their life group with them.
- Pray for their family.
- Wait on the Lord for each other, write down what He says.
- Read Celebration of Discipline (Richard Foster) and practice the chapter you've read.
- Do a Spiritual Gifts Assessment test and study 1 Corinthians 12-14.  
([www.spiritualgiftstest.com](http://www.spiritualgiftstest.com)) or take the Wagner Modified-Hout Questionnaire on the LHC Website under "Volunteer," then follow the link "Discover Your Spiritual Gifts Survey."

#### **Character**

- Read and pray together scriptures related to Identity in Christ. (handout attached)
- Share your testimonies with each other.
- Read a spiritual-growth book together and discuss.
- Develop accountability questions.
- Study how Jesus related to people and identify His character traits by reading one of the gospels together.
- Discuss godly character (example: fruit of the Spirit) and determine individual growth areas and pray.

#### **Outward**

- Help them identify someone in their circle of influence who doesn't have a friend with whom he/she could befriend and show kindness.
- Practice sharing the gospel and your testimony in under two minutes.
- Go out and share the gospel—try waiting on the Lord first, praying for 20 minutes and then going to share
- Make a meal for someone in need or serve in the community.
- Help them start discipling someone by challenging and equipping them.